

June 7, 2023



Southold Recreation News



Register Now! Last Chance before Fall!

Defensive Driving Program

June 15, 9 am - 3:30 pm

at the Southold Town Recreation Center

Fee: \$35/residents, \$45/non-residents

With Chris Manfredi

Save money on your auto insurance premium and reduce points on your license with this 6-hour driver's safety course. If you are a New York State Licensed principal operator, you are eligible for a saving of 10% of the liability, basic PIP, and collision premium for 3 years, and if needed, a reduction of up to 4 violation points on your DMV driving record.

The New York Safety Program 6 Hour Point and Insurance Reduction Course will show you how to improve your driving by learning how to make rational, low risk decisions under stressful driving conditions. There is no test. Please bring a copy of your license to class.

[Click here for the link to the online portal.](#)

Register in person at the Southold Recreation Department, Monday to Friday,



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CPR

June 14, 6 pm - 10 pm

at the Peconic Lane Community Center

Fee: \$65/residents \$75/non-residents

*American Heart Association Basic Life Support for the Health Care Provider
With Chris Manfredi of Southold Fire Department*

American Heart Association Adult/Infant and Child CPR, foreign body airway obstruction in conscious and unconscious patients, use of barrier protection (pocket masks), bag valve mask ventilation (BVM's) and the use of the Automated External Defibrillator are covered in this course. There is a written and skills evaluation for this program. Students will receive the BLS for Health Care Provider Course Certification along with a study guide. This course will satisfy the requirements of Certification for many First Responders, EMS, Fire, EMT, Paramedic, Nurse, Doctor or Lifeguard. Please be advised that a lot of time is spent on the ground kneeling while practicing CPR, so participants should consider wearing comfortable clothing and bringing padding to kneel on.

[Click here for the link to the online portal.](#)

Register in person at the Southold Recreation Department, Monday to Friday, 8:30 am to 3:30 pm

Register for all programs at [this link](#)

Register Here

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